






























8/4/24 – 12/4/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> Make a menu selection for lunch to cook on the day. Make Grocery list. Shop for items required for lunch. Cook lunch and enjoy <p>Spaghetti Bolognese</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 – 2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Seaforth Esplanade Bring Swimmers Sunscreen Hat & water bottle.</p> <p>Lunch Local Take away shop. Or BYO Lunch</p>	<p>10.30 – 11.00</p> <p>Week 2 Aqua aerobics</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p> 	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	<p>12.30 – 2.30pm</p>  <p>DRAMA AND MUSIC</p>	<p>Return to Life Skills</p> <p>TRANSPORT HOME AVAILABLE</p>	<p>CAFÉ PREP</p> <ul style="list-style-type: none"> Set up Café 	<p>MUSIC THERAPY AND TACHI</p>  <p>1-2pm \$10 Session Fee 2.30pm</p>	 <p>GARDEN CLUB</p> <p>12.30 – 2.30 pm \$10 Session Fee</p>







15/4/24 – 19/4/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> Make a menu selection for lunch to cook on the day. Make Grocery list. Shop for items required for lunch. Cook lunch and enjoy <p>Pizza Gluten Free</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>BYO morning Tea and Lunch</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Bunnings Craft Free</p> <p>Lunch North View Park</p> <p>BYO Lunch</p>	<p>10.30 – 11.00</p> <p>Week 3 Aqua Aerobics</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p> 	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Board games and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	 <p>DRAMA AND MUSIC</p> <p>12.30 - 2.30pm \$10 Session Fee</p>	<p>Travel Back to Life Skills</p> <p>TRANSPORT HOME AVAILABLE</p>	<p>CAFÉ PREP</p> <ul style="list-style-type: none"> Set up Café 	 <p>MUSIC THERAPY AND TAI CHI</p> <p>1-2pm \$10 Session Fee</p>	 <p>GARDEN CLUB</p> <p>1.30pm – 2.30pm \$10 Session Fee</p>







22/04/24- 26/04/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> Make a menu selection for lunch to cook on the day. Make Grocery list. Shop for items required for lunch. Cook lunch and enjoy <p>Mexican</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Mackay Cinema May change due to times and movie available.</p> <p>Lunch</p> <p>Red Rooster Bring money or BYO Lunch</p>	<p>10.30- 11.00</p> <p>Week 4 Aqua Aerobics</p>	<p>CLOSED ANZAC DAY</p>	<p>9:00-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	 <p>DRAMA AND MUSIC</p> <p>12.30pm – 2.30pm \$10 Session</p>	<p>TRANSPORT HOME AVAILABLE</p>	<p>CAFÉ PREP</p> <ul style="list-style-type: none"> Set up Café 	<p>CLOSED</p>	 <p>GARDEN CLUB</p> <p>1.30pm – 2.30pm \$10 Session</p>






29/04/24 – 3/05/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> Make a menu selection for lunch to cook on the day. Make Grocery list. Shop for items required for lunch. Cook lunch and enjoy. <p>Chicken Tenders</p> <p>Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Ten Pin Bowling Leisure Centre</p> <p>\$8 per game</p> <p>Lunch General Gordon Bring Money for Lunch or BYO Lunch</p>	<p>10.30 11am</p> <p>Week1 Aqua Aerobics</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p> 	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	<p>DRAMA AND MUSIC</p>  <p>12.30 2.30pm \$10 Session Fee</p>	<p>Return to Life Skills</p> <p>TRANSPORT HOME AVAILABLE</p>	<p>CAFÉ PREP</p> <ul style="list-style-type: none"> Set up Café 	<p>MUSIC THERAPY AND TAI CHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	<p>GARDEN CLUB</p>  <p>1.30 – 2.30pm \$10 Session Fee</p>






06/05/24 – 10/05/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>Closed Public Holiday</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Optional Support The Hub</p> <p>Lunch Phoenix Place Cafe Queens Park Bring money for Lunch or BYO</p>	<p>10.30 – 11am</p> <p>Week 2 Aqua Aerobics</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p> 	<p>Closed Good Friday</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	 <p>DRAMA AND MUSIC</p> <p>12.30pm – 2.30pm \$10 session Fee</p>	<p>Return to LifeSkills</p> <p>TRANSPORT HOME AVAILABLE</p>		<p>MUSIC THERAPY AND TAICHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	 <p>GARDEN CLUB</p> <p>1.30 – 2.30pm \$10 Session Fee</p>






13/05/24 – 17/05/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> Make a menu selection for lunch to cook on the day. Make Grocery list. Shop for items required for lunch. Cook lunch and enjoy. <p>Shepherd's Pie</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Bunnings Craft Free</p> <p>Lunch North View Park</p> <p>BYO Lunch</p>	<p>10.30 – 11am</p> <p>Week 3 Aqua Aerobics</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p> 	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	 <p>DRAMA AND MUSIC</p> <p>12.30pm – 2.30pm \$10 session Fee</p>	<p>TRANSPORT HOME AVAILABLE</p>		<p>MUSIC THERAPY AND TAICHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	 <p>GARDEN CLUB</p> <p>1.30 – 2.30pm \$10 Session Fee</p>






20/05/24 – 24/05/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> • Make a menu selection for lunch to cook on the day. • Make Grocery list. • Shop for items required for lunch. • Cook lunch and enjoy. <p>Chicken Parm</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Illuka park Kite Flying Ball Games</p> <p>Lunch BBQ Lunch \$5</p>	<p>10.30 – 11pm</p> <p>Week 4 Aqua Aerobics</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p> 	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	<p>DRAMA AND MUSIC</p>  <p>12.30pm – 2.30pm \$10 session Fee</p>	<p>Return to Lifeskills</p> <p>TRANSPORT HOME AVAILABLE</p>		<p>MUSIC THERAPY AND TAI CHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	<p>GARDEN CLUB</p>  <p>1.30 – 2.30pm \$10 Session Fee</p>

27/05/24 – 31/05/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> • Make a menu selection for lunch to cook on the day. • Make Grocery list. • Shop for items required for lunch. • Cook lunch and enjoy <p>Beef Burgers</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Cruise up the Valley</p> <p>Pinnacle Pub For a delicious Pie</p> <p>Bring money for Lunch or BYO Lunch</p>	<p>10.30 – 11am</p> <p>Week 1 With Barb Fitness</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p> 	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	<p>DRAMA AND MUSIC</p>  <p>12.30pm – 2.30pm \$10 session Fee</p>	<p>Return to Lifeskills</p> <p>TRANSPORT HOME AVAILABLE</p>		<p>MUSIC THERAPY AND TAI CHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	<p>GARDEN CLUB</p>  <p>1.30 – 2.30pm \$10 Session Fee</p>

03/06/24 – 07/06/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> • Make a menu selection for lunch to cook on the day. • Make Grocery list. • Shop for items required for lunch. • Cook lunch and enjoy <p>Chicken Stroganoff</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Bunnings Craft Free</p> <p>Lunch</p> <p>BBQ Lunch Harbour \$5 Or BYO Lunch</p>	<p>10.30 – 11am</p> <p>Week 2 Fitness with Barb</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p>	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	 <p>DRAMA AND MUSIC</p> <p>12.30pm – 2.30pm \$10 session Fee</p>	<p>Return to Lifeskills</p> <p>TRANSPORT HOME AVAILABLE</p>		<p>MUSIC THERAPY AND TAI CHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	 <p>GARDEN CLUB</p> <p>1.30 – 2.30pm \$10 Session Fee</p>

10/06/24 – 14/06/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> • Make a menu selection for lunch to cook on the day. • Make Grocery list. • Shop for items required for lunch. • Cook lunch and enjoy <p>Curried Sausages</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Time Zone Bring money for games.</p> <p>Lunch</p> <p>Canelands</p>	<p>10.30 – 11am</p> <p>Week 3 Fitness with Barb</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p>	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	 <p>DRAMA AND MUSIC</p> <p>12.30pm – 2.30pm \$10 session Fee</p>	<p>Return to Lifeskills</p> <p>TRANSPORT HOME AVAILABLE</p>		<p>MUSIC THERAPY AND TAI CHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	 <p>GARDEN CLUB</p> <p>1.30 – 2.30pm \$10 Session Fee</p>

17/06/24 – 21/06/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> • Make a menu selection for lunch to cook on the day. • Make Grocery list. • Shop for items required for lunch. • Cook lunch and enjoy <p>Chicken Stir fry</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Ten Pin Bowling \$8</p> <p>Lunch</p> <p>The Met Bring money or BYO Lunch</p>	<p>10.30 – 11am</p> <p>Week 4 Fitness with Barb</p>	<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants</p>	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	 <p>DRAMA AND MUSIC</p> <p>12.30pm – 2.30pm \$10 session Fee</p>	<p>Return to Lifeskills</p> <p>TRANSPORT HOME AVAILABLE</p>		<p>MUSIC THERAPY AND TAI CHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	 <p>GARDEN CLUB</p> <p>1.30 – 2.30pm \$10 Session Fee</p>

24/06/24 – 28/06/24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LIFE SKILLS 23 Holmes Drive Beaconsfield</p> <p>WOODSHOP Operates at Kemp Street weekdays, by arrangement.</p> <p>Session Fee \$15 for materials</p>	<p>9:30 -12:00 COOKING AND GROCERY SHOPPING</p> <ul style="list-style-type: none"> • Make a menu selection for lunch to cook on the day. • Make Grocery list. • Shop for items required for lunch. • Cook lunch and enjoy <p>Mexican</p> <p>Session Fee \$10 for Lunch</p>	<p>9:30 -2:30</p> <p>COMMUNITY OUTINGS</p> <p>Activity cost covered by Participants:</p> <p>Fishing Please Bring Sunscreen, Water bottle, Hat, Fishing Shirt if Available</p> <p>Lunch</p> <p>BBQ Lunch \$5 Or BYO Lunch</p>		<p>10:00 – 12:00 A BILLY TEA CAFE Open to members of the public.</p> <p>Come along and enjoy a beverage and something to eat.</p> <p>Menus items available to purchase for members of the public.</p> <p>Session Fee \$10 for participants.</p>	<p>9:30-12:00</p>  <p>Arts & Crafts</p>  <p>Boardgames and Card Games</p>
<p>12:00</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>	<p>LUNCH LUNCH CLEAN UP</p>
<p>All Programs \$10 each or \$15 for the day</p>	 <p>DRAMA AND MUSIC ART AND CRAFT</p> <p>12.30pm – 2.30pm \$10 session Fee</p>	<p>Return to Lifeskills</p> <p>TRANSPORT HOME AVAILABLE</p>		<p>MUSIC THERAPY AND TAI CHI</p>  <p>1pm - 2pm \$10 Session Fee</p>	 <p>GARDEN CLUB</p> <p>1.30 – 2.30pm \$10 Session Fee</p>

